

# January 2026

## Great Lakes Academy Breakfast Menu

| Monday                                                                                                                                                                              |                                                                                                                                          | Tuesday                                                                                             |                                                                                                                                                                      | Wednesday                                                                                                                             |                                                                                                                                         | Thursday                                                                                                                              |                                                                                                                                             | Friday                                                                                                                                      |                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <p>This institution is an equal opportunity provider.</p> <p>*Menu items are subject to change based on availability.*</p> <p>Choice of Milk: 1% Chocolate, 1% White or Lactose</p> |                                                                                                                                          |                                                                                                     |                                                                                                                                                                      |                                                                                                                                       |                                                                                                                                         | <p>1</p>                                           |                                                                                                                                             | <p>2</p>                                                 |                                                                                                         |
| 5                                                                                                                                                                                   | <p><b>2 oz WG Breakfast Bar</b><br/>1/2 c. Diced Pears<br/>4 oz 100% Apple Juice<br/>8 oz Milk</p>                                       | 6                                                                                                   | <p><b>HOT BREAKFAST</b><br/><b>2.43 oz. Cinnamon Cream Cheese Mini Bagels</b><br/>1/2 c. Diced Peaches<br/>4 oz 100% Fruit Punch<br/>8 oz Milk</p>                   | 7                                                                                                                                     | <p><b>1 oz WG Frosted Flakes Cereal</b><br/>1 oz. String Cheese<br/>1/2 c. Mandarin Oranges<br/>4 oz 100% Grape Juice<br/>8 oz Milk</p> | 8                                                                                                                                     | <p><b>HOT BREAKFAST</b><br/><b>2 oz. Maple Eggo Bite Waffles</b><br/>1/2 c. Mixed Fruit<br/>4 oz 100% Orange Juice<br/>8 oz Milk</p>        | 9                                                                                                                                           | <p><b>2 oz. WG Blueberry Muffin</b><br/>1/2 c. Applesauce<br/>4 oz 100% Apple Juice<br/>8 oz Milk</p>   |
| 12                                                                                                                                                                                  | <p><b>1 oz. Kellogs Cinnamon Toast Cereal</b><br/>1 oz. String Cheese<br/>1/2 c. Diced Pears<br/>4 oz 100% Grape Juice<br/>8 oz Milk</p> | 13                                                                                                  | <p><b>HOT BREAKFAST</b><br/><b>3 oz. Breakfast Pocket w/ Turkey Sausage, Egg &amp; Cheese</b><br/>1/2 c. Diced Pineapple<br/>4 oz 100% Fruit Punch<br/>8 oz Milk</p> | 14                                                                                                                                    | <p><b>2 oz WG Triple Berry Crunch Bar</b><br/>1/2 c. Diced Peaches<br/>4 oz 100% Orange Juice<br/>8 oz Milk</p>                         | 15                                                                                                                                    | <p><b>HOT BREAKFAST</b><br/><b>2 oz WG Bagel &amp; Cream Cheese</b><br/>1/2 c. Mandarin Oranges<br/>4 oz 100% Apple Juice<br/>8 oz Milk</p> | 16                                                                                                                                          | <p><b>(2) WG Cinnamon Poptarts</b><br/>1/2 c. Mixed Fruit<br/>4 oz 100% Fruit Punch<br/>8 oz Milk</p>   |
| 19                                                                                                                                                                                  |                                                         | 20                                                                                                  | <p><b>HOT BREAKFAST</b><br/><b>2 oz. Fruit Loop Waffles</b><br/>1/2 c. Diced Pineapple<br/>4 oz 100% Orange Juice<br/>8 oz Milk</p>                                  | 21                                                                                                                                    | <p><b>2 oz. WG Blueberry Bread</b><br/>1/2 c. Cherry Applesauce<br/>4 oz 100% Apple Juice<br/>8 oz Milk</p>                             | 22                                                                                                                                    | <p><b>HOT BREAKFAST</b><br/><b>4 oz. Sausage &amp; Cheese Bagel</b><br/>1/2 c. Diced Peaches<br/>4 oz 100% Fruit Punch<br/>8 oz Milk</p>    | 23                                                                                                                                          | <p><b>2 oz WG Cinnamon Roll</b><br/>1/2 c. Mandarin Oranges<br/>4 oz 100% Grape Juice<br/>8 oz Milk</p> |
| 26                                                                                                                                                                                  |                                                                                                                                          | <p><b>2 oz WG Banana Muffin</b><br/>1/2 c. Mixed Fruit<br/>4 oz 100% Orange Juice<br/>8 oz Milk</p> | 27                                                                                                                                                                   | <p><b>HOT BREAKFAST</b><br/><b>2 oz. WG Blueberry Eggo Pancakes</b><br/>1/2 c. Applesauce<br/>4 oz 100% Apple Juice<br/>8 oz Milk</p> | 28                                                                                                                                      | <p><b>1 oz WG Lucky Charms Cereal</b><br/>1 oz. String Cheese<br/>1/2 c. Diced Pineapples<br/>4 oz 100% Fruit Punch<br/>8 oz Milk</p> | 29                                                                                                                                          | <p><b>HOT BREAKFAST</b><br/><b>2 oz. WG Bagel filled w/ Cream Cheese</b><br/>1/2 c. Diced Pears<br/>4 oz 100% Grape Juice<br/>8 oz Milk</p> | 30                                                                                                      |

