Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs

Local Wellness Policy: Triennial Assessment Summary

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

https://www.fns.usda.gov/tn/local-school-wellness-policy

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Great Lakes Academy

Month and year of current assessment: January 2026

Date of last Local Wellness Policy revision: _____

Website address for the wellness policy and/or information on how the public can access a copy:

www.greatlakesacademy.org

Section 2: Wellness Committee Information

How often does your school wellness committee meet? once a month

School Wellness Leader:

Name	Job Title	Email Address
Great Lakes Academy	Office Manager	potluxm@greatlakesacademy.org

School Wellness Committee Members:

Name	Job Title	Email Address
Alexandrea Calme	Principal	calmeaa@greatlakesacademy.org
Subrenia Walker	EAP	walkerscgreatlakesacademy.org
Myles Wolfolk	Gym Teacher	wolfolkm@greatlakesacademy.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☑ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Great Lakes Academy's wellness policy aligns with the Michigan State Board of Education model policy. The school follows federal smart snack guidelines, promotes physical activity, provides nutrition education, and reviews wellness goals regularly.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing SMART objectives.

Michigan Department of Education
Local Wellness Policy Assessment Plan

School Name: Great Lakes Academy Date: 2/9/26

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Increase student awareness of healthy food choices	A) post nutrition flyers in cafe. B) Encarage healthy snacks C) Share wellness tips in newsletter	ongoing throughout the school year.	Observation + participation	~~FOOD~~ Service Director	Students, Staff, Families	

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Ensure Students receive daily opportunities for Physical Activity.	A) maintain scheduled Recess B) provide PE classes C) Encourage classroom movement breaks	Beginning of the School Year	Master Schedule Review	Principal + PE Teacher	Students, Teachers PE Teacher Families	

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Promote over Student well-being	Provide health resources through our social Media platforms, DoJo, newsletters, and in office.	ongoing through out the school year	Staff feedback Student participation rates observation	Principal	Students Staff Admin Team Families	

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks): Doesn't apply to GLA

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	**Action Steps** What activities need to happen?	**Timeline** Start dates	**Measurement** How is progress measured?	**Lead Person**	**Stakeholders** Who will be involved and/or impacted?	**Complete?**
Increase student access to fresh fruits + veggies.	provide fresh fruits and veggies snacks during designated times	Implemented NOV of 2025 until end of school year	Track student participation Review delivery + distribution logs	Food Service Director	Students, staff, Food Service Director, Families, Teachers	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to	**Action Steps**	**Timeline**	**Measurement** How is progress	**Lead**	**Stakeholders** Who will be involved	**Complete?**

accomplish?	What activities need to happen?	Start dates	measured?	**Person**	and/or impacted?	
Only promote foods that meet nutrition Standards	A) Review posters B) Avoid junk food advertising	ongoing throughout school year.	Admin walkthroughs ongoing staff awareness	Principal Food Service Director	Staff, Food Service Team Vendors	